



# PERSONAL LEADERSHIP DEVELOPMENT GROUP

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## Module Schedule 101

### You have a Voice, Message and Vision to make a Difference

Whatever actions you take or don't take, you are the instrument through which you act.  
Everything you do is affected by that instrument. Everything.

6-month groups meet by Zoom bi-weekly. Registration fee includes 30 minutes of 1:1 coaching per month.  
Also includes monthly small group cohort learning opportunity. Monthly payment schedule available.

## Module 1: Clarity & Momentum in Values

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- ☐ *Values are deeply-held driving beliefs that guide your internal conduct as well as your relationship with the external world. We use the Values Blueprint© to clearly identify language for core values. Your world is too dynamic, too valuable to allow self-awareness to become dim in the blur of busyness, feeling overwhelmed or ineffective communication.*
- ☐ *What are your core values? How are they driving you? What values do you settle on when the pressure is high? How do you actualize your values? How do you communicate them? How do they ground your leadership decisions and presence? As you consciously integrate your core values, you are better equipped to empower the people around you to contribute their best selves by connecting a straight line from values to meaningful work with a life that works. Business profits. Relationships engage. And the world becomes a better place*

## Module 2: Clarity & Momentum in Meaningful Purpose

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- ☐ *Your individual purpose is your guidepost during stress or uncertain times. Your compelling purpose assists you to navigate difficult decisions more effectively. It is in the clarity of your purpose where you will find the most fulfillment, satisfaction and meaning in business and life. Your purpose becomes the inspiration to lead well on the grey days, the high-stake days and the mundane days. It will keep you from retreating to your comfort zone and call you to care for yourself as you care for others.*
- ☐ *Purpose-driven leadership is not a title, a name tag, or a status on an org chart, it is a way of being with the capacity to influence positive and healthy outcomes. Purpose-driven leadership creates space that gives value to dignity, equity, engagement, belonging, enjoyment and respect for all stakeholders. It is the reason for the work and the disciplines in between the markers. It calls people higher and invites them to be better together for a greater good. It invigorates, energizes and stands strong alongside the strategies of transitioning from here to there.*

## Module 3: Neuroscience of Trust

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- ☐ *When you lose trust, you lose your voice. When you lose your voice, you lose your impact. Learn about the wisdom of your brain and how every conversation we have with another person has a chemical component to build trust or erode trust. "By understanding how your brain functions, communicates, you can reach your potential. The brain does not speak French or English, it speaks neuroscience." Judith E. Glaser Psychology Today October 2020*
- ☐ *Consistent and important teamwork without trust is impossible. Learning the neuroscience of trust is bigger than a coffee break conversation or a quick-fix workshop. To build trust is the #1 culture priority for psychological safety and maximizing team efficiency and effectiveness for the desired future.*

## Module 4: Applied Learning of Trust in Level 3 Conversations

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- ☐ *Move culture from I to WE with Level 3 conversation. When we can learn to trust one another more, we can have unprecedented human progress.*
- ☐ *Trust can be broken in .07 seconds and can take years to repair. As trust is the currency of business and the core to all thriving sustainable relationships, the 5 essentials of how integrate Level 3 conversations will serve your leadership well. Learn the tools and take the practices in to every conversation to make progress more quickly in a more meaningful way.*

## Module 5: Neuroscience of Change and Leadership Presence

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- ☐ *"Becoming a leader is synonymous with become yourself. It is precisely that simple and precisely that difficult." Warren Bennis. It is about building the capacity to take skillful action in a wide range of circumstances so that you can be as effective as possible in your contribution of meaningful service. If you want to see greater change in the context around you, you must lead yourselves first in noticing your own default behaviours, your way of showing up that opens or closes others to the influence you seek to make.*
- ☐ *Your body knows. Change is not sustainable if it remains in the cognitive realm, it must also be embodied in your whole self. Uncover bio-behavioural blind spots, and train to embody greater social and emotional intelligence as you lead others to engage their whole self in positive change and presence.*

## Module 6: Everything Lives in Language

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- ☐ *One of the most powerful influencers that humans experience are the words spoken to them or over them. Words are rarely neutral. They have the power to bring life or death, to empower or cripple. There are worlds in words. In this module, we will discuss specific words, phrases that can sabotage the intent of your message and disable the engagement of the hearer.*
- ☐ *Values. Purpose. Trust. Change. Presence. Wrap it all together in the remarkable human being named you. Be fully present as you lead with full presence. Do the work. Speak the words. Share the vision. Engage the human longing for belonging, significance and greater meaning.*