



LORRAINE RICHMOND
LEADERSHIP COACHING

Lorraine Richmond Bio 2025, PCC - ICF



Professional leadership consultant of 19 years and founder of Lorraine Richmond Leadership Coaching, Lorraine Richmond is an International Coach Federation certified coach, leadership interrupter and accomplished inspirational speaker based out of Kelowna, BC. Her insightful and motivational coaching and workshops share the richest lessons and strategies from her experience as a senior executive in local and provincial roles, as well as in private companies and not-for-profit organizations.

A life-long learner, published in the local news as a Woman to Watch, trained in neuroscience-based coaching, and active in social enterprise, Lorraine is also certified in Emotional Intelligence assessments, 360's, the Values Blueprint System, Group Coaching, Team Coaching, the Clarity Model, Working Genius, Conversational Intelligence, Religious Trauma, Neuro-transformation Coaching, Grief and Loss Coaching Support and is currently working on her master's level of coaching.

A long-time advocate of human dignity, Lorraine's values-driven enthusiasm lies in engaging with all humans who share a commitment to their principles. Her personal experience of leadership burnout and leadership betrayal have served to catalyze her focus on being a strategic thinking partner for individuals and teams who want to **lead themselves (and others) well!!**

She has an unquenchable passion for two signature truths that emerge powerfully in every conversation, workshop and keynote: *people matter* and *people are better together*. An intuitive catalyst, an expert analytical and communicator blended with neuroscience research, Lorraine seeks to inspire, influence and equip all humans to **embrace and expand their own learning of personal leadership**. All growth is personal growth. *It is the purpose of her business and life to influence a culture where all people have opportunity to experience meaningful work with a life that works.*

Lorraine confesses to being headstrong from birth, a coffee-snob by choice, and a non-conformist by accident.

Learn more about Lorraine at www.lorrainerichmond.com.